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C W

DONNA LAPIETRA
THE GLAMOUR OF GIVING BACK

DECEMBER 2008
www.cwmag.com

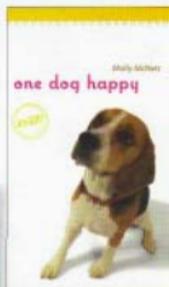
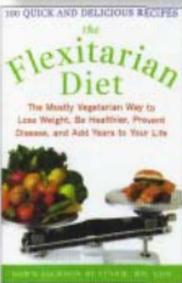
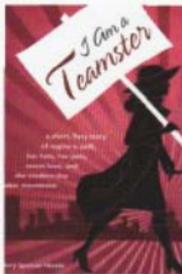
TCW Book Club

Inspiring Guidance From One Woman To Another **By Megan Yeiter**

I Am a Teamster

by Terry Spencer Hesser
This autobiography of Regina V. Polk explores her life as a union representative and respected businesswoman whose stubborn determination inspired women in a male-dominated workforce. Triggered by her own early struggles and experiences with injustice in the working world, Regina's commitment to women's civil rights and worker's rights became significant across America during the Modern-Day Labor Movement.

Lake Claremont Press, \$15.95

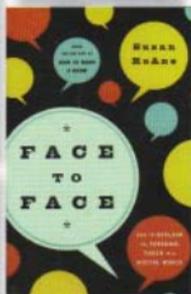


One Dog Happy

by Molly McNett

Join a wide range of characters young and old as they cope with trying times in life. Winner of the 2006 John Simmons Short Fiction Award, Illinoisan Molly McNett includes a series of charming short stories about characters' remedies for getting through life. These characters fall between a rock and a hard place as they struggle with the unfairness of life, only to eventually find something in which to believe.

University of Iowa Press, \$16.00



Face to Face

by Susan RoAne

With technology successfully dominating today's business world, people are losing out on quality interactions and becoming out of touch with how to connect on a personal level. Susan RoAne delivers practical ways to communicate and handle situations requiring interaction with other people face-to-face. In a society where texts and emailing are always at our fingertips, it's necessary to find a balance between electronic communication and in-person interactions.

Fireside, \$14.95

The Flexitarian Diet

by Dawn Jackson Blatner

What do you get when you combine the words flexible and vegetarian? You get Flexitarian, which is the perfect plan for people wanting the benefits of vegetarianism, but not wanting to exclude meat altogether from their diet. Author and licensed dietitian Dawn Jackson Blatner discusses the benefits of eating more vegetables and plants like a vegetarian, but not following the strict no-meat guidelines. The book is also filled with 100 easy recipes to help you follow the Flex Diet and live healthier.

McGraw Hill, \$24.95



Aurie Pennick, JD, executive director, Field Foundation of Illinois, Inc.

"What are you currently reading?"

"After this historic election, I've been reading everything to follow the local and national reactions - Sun-Times, Chicago Tribune, Daily Herald, as well as the Wall Street Journal and the New York Times. In addition, I'm reading Free Lunch: How the Wealthiest Americans Enrich Themselves at Government Expense (and Stick You with the Bill) by David Cay Johnston (Penguin, \$24.95), an interesting tongue-in-cheek conspiracy novel about the nation's economic predicament. To keep my legal juices flowing, I'm reading a legal thriller, The Unbidden Truth by Kate Wilhelm (Harlequin, \$23.95)." ■